2004 Men's Results											
WEN.	Mt. St. Mary's Duals (Emmittsburg, MD)	(Harrisonburg, VA)	ACC Pre-Meet (College Park, MD)		ACC Championships (College Park, MD	NCAA Regional (University Park, Pa.)	IC4A / ECAC Champs. (New York, NY)				
MEN Matt Adami (Sr.)	Dual Meet Format 18th - 16:09.62	2nd of 9 17th - 26:28.77	1st of 6 6th - 26:43.43	7th of 38	7th of 11 44th - 26:32.6	11/13/04	11/20/04 73rd - 26:15				
Adam Ambrus (Sr.)	9th - 15:54.94	9th - 26:07.73	3rd - 26:28.96	47th - 26:39	30th - 26:04.7	48th - 32:17	7310 - 20.13				
Patrick Bailey (So.)	11th - 15:59.28	18th - 26:29.26		66th - 26:52	68th - 27:25.9	106th - 33:48					
Mike Fleg (Sr.)	17th - 16:06.46		11th - 26:58.73		58th - 26:50.5	91st - 33:16	98th				
Florent Groberg (Jr.)		8th - 26:07.13	2nd - 26:28.02	89th - 27:07	43rd - 26:32.0	55th - 32:21	61st - 26:08				
Peter Hess (So.)		2nd - 25:44.61	1st - 25:49.12	18th - 26:07	39th - 26:19.7	23rd - 31:20	4th - 25:03				
Eric Marenburg (Sr.)	25th - 16:32.63	29th - 27:21.69	14th - 27:32.36				134th				
Michael Porter (So.)	19th - 16:16.13	25th - 26:55.34	10th - 26:53.03	70th - 26:54							
Dan Ryan (Jr.)	30th - 16:46.45	30th - 27:22.18	24th - 28:41.73								
Matt Sanders (So.)	20th - 16:23.48	11th - 26:17.46	5th - 26:41.43	88th - 27:07	81st - 29:02.2	111th - 34:01	120th				
Natty Zola (Jr.)	5th - 15:52.90	13th - 26:19.33	9th - 26:46.45	71st - 26:55	46th - 26:34.4	66th - 32:32	72nd - 26:14				
Race Distance	5k	8k	8k	8k	8k	10k	5 miles				
1-5 Split	0:16.72	0:36.46	0:54.04	0:48	0:29.7	1:56					

2004 Women's Results												
	Mt. St. Mary's Duals (Emmittsburg, MD)	JMU Invitational (Harrisonburg, VA)	ACC Pre-Meet (College Park, MD)	GMU Invitational** (Fairfax, VA)	Penn State Invit. (University Park, PA)	ACC Championships (College Park, MD	NCAA Regional (New York, NY)	IC4A / ECAC Champs. (New York, NY)				
MEN	Dual Meet Format	2nd of 8	1st of 5		11th of 41	8th of 11	11/13/04	11/20/04				
Bridget Baker (Sr.)		45th - 22:51	23rd - 28:28.93									
Reisey Berger (So.)												
Meghan Braffet (So.)	2nd - 18:19.03	2nd - 19:21	2nd - 23:53.48		27th - 21:41	28th - 23:11.1	61st - 22:57	77th - 19:33				
Darya Fakory (Fr.)			21st - 27:58.11	55th - 22:42.13								
Becca Funk (Jr.)		23rd - 21:50	17th - 27:23.39		217th - 24:14	78th - 26:33.2	121st - 24:32	89th - 20:44				
Shari Gorga (Jr.)	17th - 19:26.76	10th - 20:47	8th - 25:50.36		143rd - 23:23	60th - 24:49.8	94th - 23:47	81st - 19:54				
Laurel Jefferson (So.)		8th - 20:22	4th - 24:51.58		92nd - 22:45	40th - 23:48.8						
Cori Koch (Jr.)	26th - 20:03.86	17th - 21:28	9th - 25:59.46			69th - 25:32.9	82nd - 23:28	79th - 19:37				
Justine Kovacs (So.)												
Katie Purcell (Jr.)	10th - 19:10.59	7th - 20:17	6th - 25:14.96		71st - 22:33	49th - 24:15.2	44th - 22:40					
Amie Shomette (Jr.)				22nd - 20:39.17								
Danielle Siebert (Jr.)		5th - 20:04	7th - 25:24.43		38th - 21:58	37th - 23:36.3	25th - 22:09	26th - 18:35				
Ashley Tremblay (Jr.)			33rd - 31:41.82	51st - 22:00.30								
Melissa Trusty (Jr.)	24th - 19:50.01	14th - 21:11	11th - 26:13.61		215th - 24:13	72nd - 25:41.2	124th - 24:47	95th - 21:00				
Kelly Wallace (Jr.)			30th - 29:56.26	50th - 21:59.58				•				
Race Distance	5k	5k	6.3k		6k	6k	6k	5k				
1-5 Split	1:44.83	1:26	1:56.88		1:42	1:38.7	1:38	1:38				

 $[\]ensuremath{^{**}}$ - Women's track and field training exercise.